

	MONDAY 30TH			TUESDAY 31ST			WEDNESDAY 1ST			THURSDAY 2ND			FRIDAY 3RD			SATURDAY 4TH			SUNDAY 5TH						
	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25m Pool	Diving End	Fun Pool End	25m Pool	Diving End				
6.30 - 7.00							<p>Facility Closed to General Public.</p>				Club Swimming				Club Swimming			Club Swim					6.30 - 7.00		
7.00 - 7.30	Club Swimming 6.00-7.30										50m Lane Swim 7.00 - 8.30				25m Lane Swim 6.30-7.30			25m Lane Swim 7.30-8.30			Aqua Circuits 7.45			7.00 - 7.30	
7.30 - 8.00	50m Lane Swim 7.00 - 8.30				25m Lane Swim 7.00 - 8.30																			7.30 - 8.00	
8.00 - 8.30						Shallow Water 7.45																		8.00 - 8.30	
8.30 - 9.00	Floor Change										Floor Change														8.30 - 9.00
9.00 - 9.30	HAF	Leisure/Lane Swim																							9.00 - 9.30
9.30 - 10.00				Shallow Water Workout 9:15	HAF	Leisure/Lane Swim					HAF	Leisure/Lane Swim													9.30 - 10.00
10.00 - 10.30																									10.00 - 10.30
10.30 - 11.00																									10.30 - 11.00
11.00 - 11.30	Leisure Swim	Leisure/Lane Swim				Adult Only Session 10:30																			11.00 - 11.30
11.30 - 12.00																									11.30 - 12.00
12.00 - 12.30																									12.00 - 12.30
12.30 - 13.00																									12.30 - 13.00
13.00 - 13.30																									13.00 - 13.30
13.30 - 14.00	Leisure Swim	Leisure/Lane Swim				Leisure Swim 1.2																			13.30 - 14.00
14.00 - 14.30																									14.00 - 14.30
14.30 - 15.00																									14.30 - 15.00
15.00 - 15.30																									15.00 - 15.30
15.30 - 16.00		Leisure/Lane Swim																							15.30 - 16.00
16.00 - 16.30																									16.00 - 16.30
16.30 - 17.00																									16.30 - 17.00
17.00 - 17.30	Lessons																								17.00 - 17.30
17.30 - 18.00			Leisure/Lane Swim																						17.30 - 18.00
18.00 - 18.30																									18.00 - 18.30
18.30 - 19.00																									18.30 - 19.00
19.00 - 19.30																								19.00 - 19.30	
19.30 - 20.00	Leisure Swim	Leisure Swim																						19.30 - 20.00	
20.00 - 20.30	Leisure Swim Adults	Lane Swim Adults																						20.00 - 20.30	
20.30 - 21.00																								20.30 - 21.00	
21.00 - 21.30																								21.00 - 21.30	
21.30 - 22.00	Covers	Covers																						21.30 - 22.00	
																								21.30 - 22.00	

Facility Closes to General Public at 2:30pm

Facility closes to the general public at 5pm

Facility closes to the general public at 5pm

Floor change/Pool covers