

Pool Programme Subject to Changes at Mangement Discretion

| | 30th Dec | 31st Dec | 1st Jan | 2nd Jan | 3rd Jan | 4th Jan | 5th Jan | | | | |
|-------------|--|---------------------|----------------------------------|---------------------|--|---------------------|---------------------|---------------------|---------------------|------------|------------|
| | 20M Pool | | | | | | | | | | |
| 6.30-7.00 | | | Facility Closed | | | | | 6.30-7.00 | | | |
| 7 - 7.30 | | | | | | | | 7 - 7.30 | | | |
| 7.30 - 8 | | | | | | | | 7.30 - 8 | | | |
| 8 - 8.30 | | | | | | Lessons | Lessons | 8 - 8.30 | | | |
| 8.30 - 9 | | | | | | | | 8.30 - 9 | | | |
| 9 - 9.30 | Leisure Swim | Leisure Swim | | | Leisure Swim | Leisure Swim | | Leisure Swim | 9 - 9.30 | | |
| 9.30 - 10 | | | | | | | | | 9.30 - 10 | | |
| 10 - 10.30 | | | | | | Lessons | | Leisure Swim | 10 - 10.30 | | |
| 10.30 - 11 | | | | | | | 10.30 - 11 | | | | |
| 11 - 11.30 | | | | | | | | | 11 - 11.30 | | |
| 11.30 - 12 | | | | | | | | | 11.30 - 12 | | |
| 12 - 12.30 | Adult Swim/Disability & Additional needs. | | | | Adult Swim/Disability & Additional needs. | | | | Leisure Swim | 12 - 12.30 | |
| 12.30 - 13 | | | | | | | 12.30 - 13 | | | | |
| 13 - 13.30 | Leisure Swim | Leisure Swim | Facility Closes at 2:30pm | Leisure Swim | Leisure Swim | | | 13 - 13.30 | | | |
| 13.30 - 14 | | | | | | | | | | 13.30 - 14 | |
| 14 - 14.30 | | | | | | Leisure Swim | Leisure Swim | 14 - 14.30 | | | |
| 14.30 - 15 | | | | | | | | 14.30 - 15 | | | |
| 15 - 15.30 | Leisure Swim | Leisure Swim | | | Leisure Swim | Leisure Swim | | | 15 - 15.30 | | |
| 15.30 - 16 | | | | | | | | | | 15.30 - 16 | |
| 16 - 16.30 | | | | | | Leisure Swim | Lessons | 16 - 16.30 | | | |
| 16.30 - 17 | | | | | | | | 16.30 - 17 | | | |
| 17 - 17.30 | Leisure Swim | Leisure Swim | | | Leisure Swim | Leisure Swim | | | 17 - 17.30 | | |
| 17.30 - 18 | | | | | | | | | | 17.30 - 18 | |
| 18 - 18.30 | | | | | | Clubs | Clubs | 18 - 18.30 | | | |
| 18.30 - 19 | | | | | | | | 18.30 - 19 | | | |
| 19 - 19.30 | | | | | 19 - 19.30 | | | | | | |
| 19.30 - 20 | Clubs | Clubs | | Clubs | Clubs | Clubs | Clubs | 19.30 - 20 | | | |
| 20 - 20.30 | | | | | | | | | | | 20 - 20.30 |
| 20.30 - 21 | | | | | | | | | | | 20.30 - 21 |
| 21.00-21.30 | Pool Closed | | | | | | | 21.00-21.30 | | | |
| 21.30-22.00 | Pool Closed | | | | | | | 21.30-22.00 | | | |

Admittance Policy

The 20m Pool is for all families. Any children under the age of 8 years old must be accompanied by an adult. One adult per two children. If two under 5's are with one adult at least one child needs to have some kind of floatation equipment. (vest/ring etc)

The responsible person must be in water and fully supervise the child/ren at all times during the vist to the facility.

Pool Safety Information

In the interest of hygiene we ask all customers to shower prior to swimming.

You are requested not to swim for 14 days following sickness or diarrhoea.

Due to depth of the main pool all swimmers must be able to swim 25m.

Inform a lifeguard if you have any medical conditions.

Listen out for lifeguard instructions and emergency alarms.

Babies and Toddlers must wear protective nappies in the water, these are available to purchase from reception.

Pool Temperatures

Main pool/Fun Pool End/Diving End - 28.5 °C

20M Pool - 30°C

Under 8's Pirate Pool - Between 29°C and 31°C