

Pool Programme Subject to Changes at Management Discretion

	Mon 23rd	Tue 24th	Wed 25th	Thurs 26th	Fri 27th	Sat 28th	Sun 29th	
	20M Pool							
6.30-7.00			Facility Closed					6.30-7.00
7 - 7.30								7 - 7.30
7.30 - 8								7.30 - 8
8 - 8.30								8 - 8.30
8.30 - 9								8.30 - 9
9 - 9.30	Leisure Swim	Leisure Swim					Lessons	9 - 9.30
9.30 - 10	Leisure Swim	Leisure Swim					Lessons	9.30 - 10
10 - 10.30								10 - 10.30
10.30 - 11							Lessons	10.30 - 11
11 - 11.30								11 - 11.30
11.30 - 12							11.30 - 12	
12 - 12.30	Adult Swim/Disability & Additional needs.							12 - 12.30
12.30 - 13							Leisure Swim	12.30 - 13
13 - 13.30	Leisure Swim	Leisure Swim						13 - 13.30
13.30 - 14	Leisure Swim	Leisure Swim						13.30 - 14
14 - 14.30								14 - 14.30
14.30 - 15						Leisure Swim	Leisure Swim	14.30 - 15
15 - 15.30	Leisure Swim							15 - 15.30
15.30 - 16	Leisure Swim							15.30 - 16
16 - 16.30						Leisure Swim	Lessons	16 - 16.30
16.30 - 17								16.30 - 17
17 - 17.30	Leisure Swim	Facility Closes at 2:30pm						17 - 17.30
17.30 - 18	Leisure Swim							17.30 - 18
18 - 18.30								18 - 18.30
18.30 - 19								18.30 - 19
19 - 19.30						Clubs	Clubs	19 - 19.30
19.30 - 20	Clubs							19.30 - 20
20 - 20.30								20 - 20.30
20.30 - 21								20.30 - 21
21.00-21.30	Pool Closed							21.00-21.30
21.30-22.00	Pool Closed							21.30-22.00

Admittance Policy

The 20m Pool is for all families. Any children under the age of 8 years old accompanied by an adult. One adult per two children. If two under 5's are with at least one child needs to have some kind of floatation equipment. (vest/floatation ring)

The responsible person must be in water and fully supervise the children at all times during the visit to the facility.

Pool Safety Information

In the interest of hygiene we ask all customers to shower prior to swimming.

You are requested not to swim for 14 days following sickness or diarrhoea.

Due to depth of the main pool all swimmers must be able to swim.

Inform a lifeguard if you have any medical conditions.

Listen out for lifeguard instructions and emergency alarms.

Babies and Toddlers must wear protective nappies in the water, these are available to purchase from reception.

Pool Temperatures

Main pool/Fun Pool End/Diving End - 28.5 °C

20M Pool - 30°C

Under 8's Pirate Pool - Between 29°C and 31°C

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