



All ages and abilities welcome
Please wear appropriate footwear and clothing

Key
Relaxed pace on mostly even ground
Steady pace with mostly uneven ground



MONDAY

East Carlton
Countryside Park
car park LE16 8YF
10.45am

Thrapston/Islip
Meet outside The
Woolpack NN14 3JU
12pm

Wellingborough
(Irchester Country
Park)
Meets in the car park
at The Embankment
NN8 1LD 10.30am

TUESDAY

Oundle
Fletton Fields, PE8
4JA
10.50am

Corby Boating Lake
(Accessible Walk)
NN17 2UN
1.30pm

Kings Cliffe
Meet outside working
mens club PE8 6XF
11am

WEDNESDAY

West Glebe Park
(Accessible Walk),
NN17 1SZ
Meet inside Pavilion
1.30pm

Barnwell Country
Park (Accessible
Walk)
PE8 5PB
1.30pm

Warmington
See attached
schedule

Finedon Library
NN9 5JL, 10am
2nd Wednesday of
each month

Wicksteed Park
Meet outside Carlo's
Courtyard Restaurant
10am

Hermitage House ,
Thrapston (Accessible
Walk), NN14 4GN
10.45am

WED CONT.

Kingswood, Corby
Meet inside
Neighbourhood
Centre NN18 9HU
10.30am

East Carlton
Countryside Park,
car park LE168YF
10.45am

Woodford
Meet on The Green,
NN14 4HE
9.30am

Weekley Woods
Meet at Holiday Inn
Express NN14 1UD
10am

THURSDAY

The Green Patch
NN16 0LU
10.30am

Irthlingborough
Meet outside The
Library, NN9 5PU
10.30am

Kettering area -
Fortnightly - see
attached programme
for routes

FRIDAY

Corby Boating Lake
NN17 2UN
11am

Rushden Hall Park
NN10 9NG
10am

Nassington
Meet outside The
Black Horse Pub, PE8
6QU
11am

SUNDAY

Corby Boating Lake
NN17 2UN
11am

For more information email: NNLeisure@northnorthants.gov.uk

or call: 07483173912