

	MONDAY 23rd Dec			TUESDAY 24th Dec			WEDNESDAY 25th Dec			THURSDAY 26th Dec			FRIDAY 27th Dec			SATURDAY 28rd			SUNDAY 29th			
	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25m Pool	Diving End	Fun Pool End	25m Pool	Diving End	
6.30 - 7.00																	Club Swim					6.30 - 7.00
7.00 - 7.30	Club Swimming 6.00-7.30																					7.00 - 7.30
7.30 - 8.00	50m Leisure Swim 7.00-8.30				25m Lane Swim 7.00 -8.30																	7.30 - 8.00
8.00 - 8.30						Shallow Water 07.45																8.00 - 8.30
8.30 - 9.00	Floor Change			Floor Change																		8.30 - 9.00
9.00 - 9.30	HAF Swim	Leisure/Lane Swim	Shallow Water Workout	Leisure Swim	Leisure/Lane Swim	Family Float Session																9.00 - 9.30
9.30 - 10.00																						9.30 - 10.00
10.00 - 10.30																						10.00 - 10.30
10.30 - 11.00																						10.30 - 11.00
11.00 - 11.30	Leisure Swim	Leisure/Lane Swim	Swim for Older Adults	Leisure Swim	Leisure/Lane Swim	Leisure Swim																11.00 - 11.30
11.30 - 12.00																						11.30 - 12.00
12.00 - 12.30						Good Boost																12.00 - 12.30
12.30 - 13.00																						12.30 - 13.00
13.00 - 13.30																						13.00 - 13.30
13.30 - 14.00	Leisure Swim	Leisure/Lane Swim	Leisure Swim	Leisure Swim	Leisure/Lane Swim	Leisure Swim																13.30 - 14.00
14.00 - 14.30																						14.00 - 14.30
14.30 - 15.00																						14.30 - 15.00
15.00 - 15.30		Leisure/Lane Swim				Public Diving																15.00 - 15.30
15.30 - 16.00																						15.30 - 16.00
16.00 - 16.30	Lessons					Club Diving																16.00 - 16.30
16.30 - 17.00																						
17.00 - 17.30		Leisure/Lane Swim																				17.00 - 17.30
17.30 - 18.00																						17.30 - 18.00
18.00 - 18.30																						18.00 - 18.30
18.30 - 19.00																						18.30 - 19.00
19.00 - 19.30																						19.00 - 19.30
19.30 - 20.00	Leisure Swim	Leisure/Lane Swim				Shallow Water Workout																19.30 - 20.00
20.00 - 20.30																						20.00 - 20.30
20.30 - 21.00	Leisure Swim Adults	Lane Swim Adults	Club Swim			Public Diving																20.30 - 21.00
21.00 - 21.30																						21.00 - 21.30
21.30 - 22.00						Sub Aqua Club																21.30 - 22.00

Facility Closed to General Public.

Facility Closes to General Public at 2:30pm

Club Swim

Facility closes to the general public at 5pm

Facility closes to the general public at 5pm