	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY	SATURDAY			SUNDAY				
	Fun Pool End	25 M Po		Diving End	Fun Pool End	25 N	letre ool	Diving End	Fun Pool End	25 Metre Pool	Divis Enc		ı 2	5 Metre Pool	Diving End	Fun Pool End	25 Metre Pool	Diving End	Fun Pool End	25m Pool	Diving End	Fun Pool End	25m Pool	Diving End	
6.30 - 7.00													С	lub Lane											6.30 - 7.00
7.00 - 7.30	Club Sw	Club Swimming 50m Lane Swim 7 8.30		e Swim 7 00-		25m La	ne Swim		Club Swimming 50m La		Lane Swim 6	.30-					Club 25m Lan Lane Swim			Club Lane					7.00 - 7.30
7.30 - 8.00	-					7.00 -8.30		Shallow	7.00- 8.00		6.30		50m Lane Swim 7.00-8.30			6.30-8.30	Aqua Circuits							7.30 - 8.00	
8.00 - 8.30		Floor Change				Floor Ohaman		Water 07.45	FloorChange				Floor Change				Floor Ohaman	07.45		L e			L e		8.00 - 8.30
8.30 - 9.00 9.00 - 9.30		Floor Change			Floor Change				Floor Change		•	Deep		Floor Change			Floor Change			s	Diving Lessons		s s	Diving Lessons	8.30 - 9.00 9.00 - 9.30
9.00 - 9.30	School		ı	Shallow Water Workout	School School			School	N	PLQ Training	Wat	Scho	ol		Shallow	School		School		o Lane	Lessons		o Lane	Lessons	
9.30 - 10.00										Work 9.1				water Workout					n Swim			n Swim		9.30 - 10.00	
10.00 - 10.30	School	Leisure/Lane Swim		9.15				School	School		Scho	ol Scho			09.00	School	-	School Lesson	Lessons	Leisure/Lane Swim	Leisure Swim	Lessons	Leisure/lane Swim	Leisure Swim	10.00 - 10.30
10.30 - 11.00	SCHOOL			Swim for							OCITO	oi Scrio	51		Shallow	301001									10.30 - 11.00
11.00 - 11.30	School			Older Adults				School	School		Scho	ol Scho	al		Water Workout	School									11.00 - 11.30
11.30 - 12.00	3011001			1.4m		Leisure/Lane Swim		301001	301001		SCHO	OI SCHO		/Lane Swim	10.00 Leisure Swim	301001			re				Leisure/Lane Swim	Leisure Swim	11.30 - 12.00
12.00 - 12.30			7	Good Leis Swim				Aqua Leis			Leist Swi		Leisur				Leisure/Lane Swim				Leisure Swim				12.00 - 12.30
12.30 - 13.00				Boost 1.2m				Natal Swim 1.2m		1 - : (1	1.4				1.4m			1.4m							12.30 - 13.00
13.00 - 13.30	0.1.1			0.1					0.1	Leisure/Lane	Swim	0.1				0									13.00 - 13.30
13.30 - 14.00	School			School				School	School		Snall		OI .		School	School		School							13.30 - 14.00
14.00 - 14.30	0.1.1			0.1.1	School			0.1.1			workou 13.30	0			0.11	Cabaal		Floor Change							14.00 - 14.30
14.30 - 15.00	School			School				School	School		Swim	for	OI		School	School		Deep Water	Leisure Swim	Leisure/Lane Swim	Leisure Swim	Leisure Swim	Leisure/Lane Swim	Leisure Swim	14.30 - 15.00
15.00 - 15.30	Floor			Floor	Floor		Floor	Floor		Olde Adults	.4m Floo			Floor	Floor		Workout 14:30							15.00 - 15.30	
15.30 - 16.00	Change			Change	Change			Change	Change		- X				Change	Change									15.30 - 16.00
16.00 - 16.30				Club Diving Le	Lessons	Leisure/ Lane Swim	Lessons								Club Diving				Party	Leisure/Lane Swim	ne Leisure Swim	Leisure Swim	Leisure/Lane Swim	Public Diving	16.00 - 16.30
16.30 - 17.00			9						Lessons							Lessons	Leisure/ Lane Lesson: Swim	Club Diving	Hire						16.30 - 17.00
17.00 - 17.30										Les	essons Club Divin														17.00 - 17.30
17.30 - 18.00	Lessons	Leisure/L ane						Club Diving					Leisure/												17.30 - 18.00
18.00 - 18.30		Swim											ane Swim									Club Swim			18.00 - 18.30
18.30 - 19.00										Leisure/ Lane															18.30 - 19.00
19.00 - 19.30	Lois	1		Snallow Water	Leisure Swim			Deep water	Leisure	Swim	Shall				Diving Lessons		Floor Change		Facilit	cility closes to the general					19.00 - 19.30
19.30 - 20.00	Swim			Workout				workout 19.15	Swim		Work	out Swim							. 23110	public at 5pm					19.30 - 20.00
20.00 - 20.30		Leisure Lane Swir Swim Swim	Club	19.15		Leisure Lane	Club Swim		Leisure Swim	Club	19.1 Swim					50m Ac	50m Adult Lane					Facilit	y closes to the	general	20.00 - 20.30
20.30 - 21.00	Leisure Swim		SWIM	Public Diving	Leisure Swim			Public Diving				Leisu Swir		Club Swim		Swim 50m C		Club Swim					public at 5pn		20.30 - 21.00
21.00 - 21.30	Adults			Sub Aqua	Adult				Swim			Adu	t Adult												21.00 - 21.30
21.30 - 22.00				Club					Floor Cha		nge						Floor Change		1						21.30 - 22.00
											•						9-								50

Revised on 01.07.24